



SPORTS

Beloved HBCU sports and alumni historian passes.



COMMUNITY FOCUS

Durham Bennett Alumnae Chapter hosts fundraiser

The Triangle Tribune

THE TRIANGLE'S CHOICE FOR THE BLACK VOICE SINCE 1998

"Serving Raleigh, Durham and Chapel Hill"

VOLUME 27 NO. 42

Week of October 19 - 25, 2025

\$1.00



Velle Cares Foundation Honors Single Mothers at Banquet

Single mothers were treated to a Sunday afternoon of glamor at North Carolina Central coach LeVelle Moton's Single Mother's Salute at the Sheraton Imperial Hotel Convention Center. Rapper and activist David Banner was the keynote speaker.



MATHIAS BISHOP



KYLIE MARSH
Left to right: 2025 NC Teacher of the year Rachel Candaso, N.C. Sen. Jay Chaudhuri, WCPSS Superintendent Robert Taylor, N.C. Alliance for Health Executive Director Abby Emanuelson and Tidewater Grain Company founder Tommy Wheeler.

NC Farm to School program keeps kids from going hungry

By Kylie Marsh

Kylie.marsh@triangletribune.com

RALEIGH - In the face of budget cuts, the NC Farm to School program could keep 1.1 million public school students from going hungry.

North Carolina Senator Jay Chaudhuri and Wake County School System Superintendent Robert Taylor discussed the impact federal budget cuts would have on students that receive summer nutrition assistance.

Policy changes in eligibility for programs like SNAP and Medicaid will cause a 10% reduction

for students receiving school meal programs in the school district and disqualifying 33 schools from providing free meals to all students.

"Let's expand that across the entire state and think about the number of children that will be impacted," Taylor said. "When children show up and hunger is not an issue, they can focus."

October is National Farm to School Month, which celebrates local agriculture's role in serving public school students while developing the local economy. This week is also National

School Lunch Week, a campaign which spotlights the significance of a healthy lunch in a student's life.

2025 North Carolina Teacher of the Year Rachel Candaso of Pitt County Schools said nutrition is tied to student performance.

"A hungry student can't focus on equations or essays when they're hungry. Fresh, healthy food that we provide students at school helps them to be ready to learn, to lead and to thrive, and that's what we want for North

Please see SCHOOL/2A

Racial disparity research highlights need for change in public education

By Kylie Marsh

Kylie.marsh@triangletribune.com

RALEIGH - Over 70 years have passed since the landmark U.S. Supreme Court decision in *Brown v. Board of Education* desegregated public schools, but there are still racial disparities in public education.

Over 700 community members, including educators, administrators and nonprofit leaders, convened online and in

Raleigh for the 2025 Color of Education Summit to address these disparities. The event focused on the power of storytelling in changemaking.

In her research on the misidentification of students of color for special education, Katrina Huffman compiled the narratives and experiences of 16 Black administrators from four generations across the United States to draw conclusions

about the racial and cultural dynamics at play in public education, and strategies for systemic change.

"...It's through those narratives, not only do we get to hear about the terrible results of these, but we also get to hear a lot about the hope that lies within us, and also to recount how we've gotten over from this point forward," Huffman said.

Please see RACIAL/2A



Velle Cares Foundation honors single mothers



MATHIAS BISHOP



COURTESY

Racial disparity research shows need for change in education

Continued from page 1A

...and how we can continue to use those narratives of our people, Black educational leaders to identify patterns and strategies for change, and how to build equity into structures."

Despite the Brown v. Board decision, resources were not shared equally between schools in Black and white neighborhoods, as implementing integration was left for states to carry out. Black schools were closed, and Black principals and educators were fired and replaced with less experienced white principals, teachers and administrators.

"We ended up with this double cost," Huffman said. "The underrepresentation of Black educational leadership in schools...and the overrepresentation of Black students in special education." These were products of resistance to school integration.

Named after a quote by Dr. Dudley Flood, a Black educator and instrumental leader in public school integration in North Carolina, Huffman's research is titled "An Immeasurable

Toll: The Cost of Racialized Leadership Gaps and Misidentification in Special Education."

In North Carolina, American Indian and Black students are significantly more likely to be recommended as "exceptional children," or recipients of special education and related courses, per a 2019 study of over 20,000 K-12 North Carolina public school students receiving special education by the Center for Racial Equity in Education.

Her own experience as a student in the Bedford-Stuyvesant neighborhood of Brooklyn, New York, during the 1980s foreshadowed the findings in her work.

Huffman was disciplined by being recommended for special education after getting into fights with other students who were picking on her. This illustrates how, as Huffman told The Tribune, "the only disciplinary tools at administrators' disposal" are suspension and/or recommendation for special education.

One reason for the racial disparity is a cultural disconnect between white fe-

male educators and their students. However, "Dr. Williams," a school superintendent who Huffman interviewed for her dissertation, said the blame can be shared.

Having served in schools with predominantly Black instructors, principals and assistant principals, Dr. Williams found they were still disproportionately suspending Black students. Educators were primarily of Caribbean descent, highlighting the cultural differences in discipline in their home countries.

After implementing a committed change in disciplinary action, the superintendent saw an increase in students' test scores. "By changing the climate for the children, they've also changed their trajectory for academic success," Huffman said.

The summit is a joint effort among the Dudley Flood Center for Educational Equity and Opportunity, the Public School Forum of North Carolina, the Samuel DuBois Cook Center on Social Equity at Duke University and the Center for Child and Family Policy.

School program keeps kids from going hungry

Continued from page 1A

Carolina students," Candaso said. "When students in North Carolina enjoy sweet potatoes from Wilson County or rice from Tidewater Grain, they're not just eating lunch, they're tasting the story of North Carolina agriculture."

Tommy Wheeler, founder of Tidewater Grain Company based in Pamlico Sound, discussed the importance of tapping into North Carolina's strong agricultural industry to feed public school students.

"Think of this as a future savings account that we're investing in for many, many years to come. It's not a one-time buy," Wheeler said. "The Carolina Gold rice we served them at lunch today pays dividends for many, many

years to come."

North Carolina's Farm to School program has no administrative costs, so the money goes directly back to the farms, schools and communities. By connecting public schools to local farms, Wheeler said the partnership is an opportunity to invest in the local economy.

Chaudhuri said it will be easy to gain bipartisan support in the N.C. General Assembly to get an additional \$1.9 million in funding for the FTS program.

"I think the ask is quite reasonable and quite small in dollars and also illustrates the fact that asking for a small amount of dollars is gonna result in a lot more money coming back from the federal government," Chaudhuri said the

projected return on the small investment is \$131 million.

"I think if we keep our request narrow and reasonable and focused on the kids, I think we're trying to stay optimistic that the leadership in both chambers will see the benefit of doing so. This is not hundreds of millions of dollars that we're asking for," he said.

"Unless the state adds this funding, we will start having to wind this program down, and we know that's bad for our kids and our families and our communities where those dollars are being spent," said Abby Emanuelson, executive director of the N.C. Alliance for Health. "These are essential safeguards for nutrition and educational success."

Anti-capitalist's campaign goes beyond elections

Continued from page 1A

vative pundit Charlie Kirk."

As a gender-nonconforming, Black biracial, queer person, Robbins told The Tribune their existence is political. She studied communications and Africana studies at North Carolina State University.

While in college, she traveled to Ferguson, Missouri, with others in freedom rides following the murder of Michael Brown in 2014.

"We did workshops and got to figure out with folks all over and figure out what they were doing in their area and how we could take the momentum from Ferguson back to our cities," she said.

Robbins was inspired to run for office after seeing more campaigns that were

openly alternative to the established Democrat and Republican parties, like New York City mayoral candidate Zohran Mamdani for the Democratic Socialists of America, and 2024 presidential campaign of Claudia De La Cruz and Karina Garcia for the Party for Socialism and Liberation.

"There seems to be a rise in folks openly identifying as socialists running for public office, so I started contemplating the idea," Robbins said. "My goal was always to make whatever I do, whatever the outcome, I wanted it to be impactful."

Robbins is a grassroots organizer, working with Durham Community Fridges, a mutual aid group in Braggtown, one of the city's most vulnerable neighborhoods. She is also involved with North

Carolina Black Leadership Organizing Collective. These organizations are left-leaning and focus on justice and equity for marginalized populations.

"One of my primary objectives in running was to raise the consciousness of people and use the platform to funnel people into organizations and mutual aid networks," Robbins said. "I feel like the solutions we need as people are not gonna come from city council, they're not gonna come from the state or the federal government. They will come from us in the community."

Robbins noted that Durham has a Black mayor, police chief, district attorney, "and yet the material conditions of Black people in Durham have not changed with the faces of Black people in high places."

BUSINESS BRIEFS

PARADE

2025 Triangle Parade of Homes runs Oct. 17-19 in Wake, Durham, Orange and Chatham counties. Visit www.TriangleParade.com.

MED WEEK

Durham's 2025 Minority Enterprise Development Week is Oct. 20-24. Learn more at www.durhamnc.gov/.

OPENING:

* Little Caesars has opened a new location at 6109 Rock Quarry Road.

Send business briefs to info@triangletribune.com.

Follow The Trib on social media



@tritribune



The Triangle Tribune



The Triangle Tribune



@TriangleTribune

triangletribune.com

Give Back. Get in the Spirit!

Make a donation to the Charlotte Post Foundation and receive FREE tickets to the

Southern Christmas Show

November 13th - 23rd

This holiday season, your gift of giving comes with a joyful bonus. With a donation of \$10 or more, Your contribution helps fund scholarships and programs that empower African American youth across the Carolinas.

***DONATE today!**

Visit: www.cpfdonate.org

Call: 704.376.0498 to reserve tickets.

Limited quantity available first come, first served!

Share this with your friends, family and groups - let's make a difference together!

The Charlotte Post Foundation 501(c)(3)



THE MEDICARE PLAN THAT: PUTS YOU FIRST



Alignment
Health Plan®

At Alignment Health, we're redefining what it means to age. Our Medicare Advantage Plans are designed to put you in control of your health and well-being. With comprehensive benefits that fit your lifestyle, you can live with peace of mind, knowing that your health care is simplified, supportive, and catered to your needs.

See the benefits that come with the Alignment Health Platinum Select (HMO) plan:

\$0 PLAN PREMIUM

Stay on budget with a **\$0 premium, \$0 copay** for primary and **\$20 copay** for specialist doctor visits.

\$0 DENTAL, HEARING & VISION

Comprehensive dental, including cleanings and X-rays; hearing exams and vision coverage for exams and eyewear.

\$0 PRESCRIPTION COPAY

\$0 for a 100 day supply of your **Tier 1** and **Tier 2** drugs.

\$0 TRANSPORTATION

We'll provide **28** one-way rides when you have a doctor's appointment or need to pick up something like a prescription from the pharmacy.

\$0 PART D DEDUCTIBLE

Save money with a plan that has **\$0** Part D deductible for your prescriptions.

MONTHLY OVER-THE-COUNTER ALLOWANCE

\$40 monthly over-the-counter allowance usable at neighborhood retailers for items like toothpaste, vitamins, aspirin and more.

24/7 CONCIERGE TEAM

Our members get access to a concierge team, available 24/7 to help answer questions, book an appointment or even schedule transportation.

LET'S PUT YOU FIRST.

Join us for a seminar near you to explore your plan options, ask questions, and feel empowered to choose the plan that's right for you.

10/15 at 10:30 am

& **10/31 at 2 pm**
W.E. Hunt Recreation Center
301 Stinson Avenue
Holly Springs

10/20 at 11 am

John Chavis Memorial Park
505 Martin Luther King Jr. Blvd.
Raleigh

10/16 & 10/30 at 10 am

Cary Senior Center
120 Maury Odell Place
Cary

10/22 & 11/4 at 11 am

Original Carolina BBQ
733 U.S. 70
Garner

10/17, 11/12 & 12/1

at 11 am
NoRa Cafe
12333 Strickland Road
Raleigh

10/23 & 10/29 at 10 am

The Village Diner
600 West King Street
Hillsborough



CALL OR VISIT US ONLINE TO LEARN MORE.

1-888-573-8758 (TTY: 711)

8am-8pm, 7 days a week

AlignmentHealthPlan.com/TriTribune

LET'S MEET VIRTUALLY

Wednesday, 10/15

3 pm - 4 pm

Wednesday, 10/29

3 pm - 4 pm

To meet virtually, go to: AlignmentHealthPlan.com/join

Or to call, on the day and time of your seminar call: 1-866-789-6243;
Conference ID: 929 259 974#

To register for a seminar, or to view a complete list of
all seminars call 1-888-573-8758 (TTY: 711) or go to:
AlignmentHealthPlan.com/seminars

The Triangle Tribune Classifieds

October 19-25, 2025 | 4A

AUCTIONS

HOME IMPROVEMENT AUCTION
Saturday, October 25th @10am
201 S. Central Ave. Locust, NC
Cabinet Sets, Doors, Tile, Hardwood, Bath Vanities, Windows, Lighting, Trim, Appliances, Composite Decking, Furniture, New Name Brand Tools.
www.ClassicAuctions.com
704-507-1449 NCAF5479

HOME IMPROVEMENT

No more cleaning out gutters. Guaranteed! LeafFilter is backed by a no-clog guarantee and lifetime transferrable warranty. Call today 1-877-649-1190 to schedule a FREE inspection and no obligation estimate. Plus get 75% off installation and a bonus \$250 discount! Limited time only. Restrictions apply, see representative for warranty and offer details.

MISCELLANEOUS

WATER DAMAGE CLEANUP & RESTORATION: A small amount of water can lead to major damage in your home. Our trusted professionals do complete repairs to protect your family and your home's value! Call 24/7: 1-833-928-1861. Have zip code of service location ready when you call!

Denied Social Security Disability? Appeal! If you're 50+, filed SSD and denied, our attorneys can help! Win or Pay Nothing! Strong, recent work history needed. 877-553-0252 [Steppacher Law Offices LLC Principal Office: 224 Adams Ave Scranton PA 18503]

We Buy Vintage Guitars! Looking for 1920-1980 Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg. And Gibson Mandolins / Banjos. These brands only! Call for a quote: 1-833-641-6577

Get a break on your taxes! Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous tax credit for 2025. Call Heritage for the Blind Today at 1-855-869-7055 today!

We Buy Houses for Cash AS IS! No repairs. No fuss. Any condition. Easy three step process: Call, get cash offer and get paid. Get your fair cash offer today by calling Liz Buys Houses: 1-888-247-1189

Replace your roof with the best looking and longest lasting material – steel from Erie Metal Roofs! Three styles and multiple colors available. Guaranteed to last a lifetime! Limited Time Offer – up to 50% off installation + Additional 10% off install (for military, health workers & 1st responders.) Call Erie Metal Roofs: 1-855-585-1815

Paying Cash For 45 rpm Vinyl Records text or call 919-593-0901



THE DANGER of CHRISTIAN NATIONALISM



GETTY IMAGES

Christian Nationalism is neither Christian nor patriotic despite cries

By Revs. Caleb Lines and Mark Sandlin
OTHERWORLD.ORG

His memorial may be over, but the message is not.

The political assassination of Charlie Kirk was a tragedy and reminder that political assassinations have no place in our country.

At his memorial, America witnessed authentic grief, but we also saw something more: a chilling example of an empire wrapping itself in the pages of the Bible it never read.

Official after official whipped up the crowd with some form of violence.

Secretary of War Pete Hegseth said Kirk had realized "this is not a political war. It's not even cultural war. It's a spiritual war."

Vice President JD Vance declared Kirk a "martyr for the Christian faith." President Trump capped off the theatrics by repeatedly declaring "I hate my opponents" — with biblical conviction.

What should have been a somber service of honor and reflection weaponized grief. Not only is that one of the lowest moves religion can make, it's a far cry from anything Jesus would have done.

Kirk's service turned heartbreak into the Christian nationalist's playbook: turn tragedy into recruitment, pulpit into a political rally and grief into a grievance.

As Christian pastors, we

know we must speak out loudly against this political abuse of our faith. When our country has a Christian nationalism problem, Christianity itself has a Christian nationalism problem.

We can't say it enough. Kirk's political assassination was wrong and dangerous. And so was his memorial when the parade of our nation's top officials openly erased the Constitutionally preserved lines between church and state, between Christianity and Christian nationalism.

They all but called for holy war. In such a worldview, Christianity turns political opponents into enemies of God. Compromise becomes impossible. Elections lose legitimacy. Authoritarianism takes root.

The danger is not hypothetical. When power is cloaked in piety, the result leaves our nation neither faithful nor free. The ideals of pluralism, democracy, and the separation of church and state are not optional; they are the guardrails that keep authoritarianism at bay.

Faithful Christians must speak clearly: Christian nationalism is a false gospel. To follow Jesus is not to seek domination, but to embody his compassion to the best of our ability and when we fail to try harder.

Like all of us, our leaders also have free speech. At Charlie Kirk's memorial, they revealed their truth. His memorial was a warning. The real question is, will we heed it?

The early Christians knew oppression. They lived under the heel of Roman occupations that demanded Caesar be worshiped as God. When Jesus

AROUND THE TRIANGLE

RALEIGH

PRAYER VIGIL

Moral Monday mass prayer and vigil at Sen. Ted Budd's office is Oct. 20, 6 a.m., 333 Fayetteville St.

OPEN HOUSE

Triangle Family Services is hosting an open house Oct. 21, 4-6 p.m., 3937 Western Boulevard.

AVIATION

Aviation Career Exploration event for middle school and up is Oct. 23, 6-8:30 p.m., Barwell Road Community Center, 5857 Barwell Park Drive.

SPOOKTACULAR

Ghostly Spooktacular is Oct. 24, 6:30-8:30 p.m., Green Road Community Center, 4201 Green Road.

SHOPPING

Junior League of Raleigh's annual shopping spree is Oct. 24-26, 9 a.m. to 3 p.m., Raleigh Convention Center, 500 S. Salisbury St. Tickets: e.givesmart.com.

FAIR

Community Resource Fair is Oct. 25, 11 a.m. to 3 p.m., Raleigh Millbank Apartments Office Parking Lot, 1540 N. Raleigh Boulevard.

CARY

CONCERT

Artist Mike Epps will perform Oct. 24, 7 p.m., Raleigh Improv, 1224 Parkside Main St. Tickets: improv.com.

DURHAM

TOURNAMENT

Defending Durham charity video game tournament is Oct. 19, 1 p.m., Durham Bulls Athletic Park batting cage. Learn more at defendingdurham.org.

CANCER

A Breast Cancer Awareness and Survivor Event is Oct. 19, 1-3 p.m., The Streets at Southpoint Center Court.

LAUNCH

An Evening with Nnenna Freelon Conversation and

FORUM

Durham Worker Housing Forum is Oct. 23, 6 p.m., Nuestro Barrio Café, 458 S. Drivers St. Call 919-539-2051.

ANNIVERSARY

ZincHouse celebrates its third anniversary Oct. 25, noon, 6225 Wake Forest Highway. Open to the public.

OPENING

Jubilee Home for Women's grand opening is Oct. 30, 11 to 11:30 a.m., 321 E. Umstead St.

GRAHAM

FRIENDS DAY

Mt. Zion AME Pastor Wayne A. Johnson Sr., of Hillsborough, is the guest preacher Oct. 19, 2 p.m., at St. Mathews AME, 5562 Swepsonville-Saxapahaw Road.

Survey: The hidden toll of employees pushing through burnout

STAFF REPORTS

SEATTLE — A new ResumeTemplates.com survey of 1,113 full-time U.S. workers finds that nearly 6 in 10 are experiencing "quiet cracking" — a workplace phenomenon where employees continue meeting their job responsibilities while secretly struggling with burnout, emotional fatigue and disengagement.

Fifty-nine percent of workers say they are currently experiencing quiet cracking, while another 20% report they have recently.

For many, the issue is long-lasting: 28% say it has persisted for three to six months, 19% for six to 12 months, and nearly 1 in 5 report dealing with it for over a year.

Younger employees are most affected. Seventy-two percent of Gen Zers and 65% of millennials say they are quiet cracking, compared to 51% of Gen Xers and 29% of Baby Boomers.

Men report higher rates than women (62% vs. 56%).

Workers cite an excessive workload (43%) and personal life stress (40%) as the biggest causes, followed by bad management (36%) and repetitive work (34%).

Others blame poor compensation (31%), lack

of recognition (30%) and limited growth opportunities (28%).

"When their workload is excessive, especially under poor leadership, employees can become anxious,"



says Julia Toothacre, chief career strategist at ResumeTemplates.com. "Low compensation and a lack of resources can compound the problem, leaving people feeling undervalued. This data should be a wake-up call for managers. Regular check-ins and proactive leadership are critical to prevent long-term damage."

Half of quiet crackers report emotional fatigue (50%) and say they dread the workday ahead (50%).

Nearly as many report developing a negative outlook on work (44%) or experiencing sleep issues (44%). Other symptoms include headaches (36%), persistent tension (30%), reduced initiative or creativity (28%) and more frequent mistakes (21%).

Workers experiencing quiet cracking often turn to coping mechanisms. Forty-three percent say they have taken time off, while 36% have explored new job opportunities. Others confide in someone they trust

(34%), talk with their manager (26%) or request more flexibility (24%).

Some workers report significant improvement (24%), though most say relief is only partial. For those who fully resolved the issue, common steps included taking time off (44%), confiding in someone (27%) or changing jobs altogether (13%).

"Leaving a frustrating or unfulfilling job might feel like the quickest fix, but it's not always the best first step," Toothacre said. "Before jumping ship, it's important to identify the root cause of your struggle. Understanding what's really driving your frustration helps you avoid repeating the same cycle."

Nearly two-thirds (62%) of workers experiencing quiet cracking say they are likely to leave their jobs in the next six months.

About 1 in 3 (31%) say they are very likely to change jobs, while another 31% say they are somewhat likely.

Your Partner.
Your Timeline.
Your Home.



HomeTrust
Bank

htb.com

You may be eligible for special financing with HomeOwnership Now Mortgage, available only at HomeTrust Bank.



REGGIE MILES

Community Development
Mortgage Loan Officer

NMLS# 214972

704.971.7058

All loans are subject to credit approval. Talk to a HomeTrust Bank Loan Officer for more program information and requirements.

MEAC football kicks into high gear

North Carolina A&T is the last MEAC team to win consecutive Cricket Celebration Bowls. The Aggies, in fact, won three straight from 2017-19, and they won the inaugural Bowl in 2015.

The Celebration Bowl pits the MEAC regular season champion against the SWAC Championship Game winner in Atlanta for the ultimate title of HBCU national champion.

As the 10th anniversary of the CB nears in December, the MEAC holds a 6-3 lead that was once 6-1 until the SWAC won the last two meetings.

It's mid-October, and while other HBCU conferences are in the thick of their conference schedules, the MEAC doesn't get started until NEXT weekend. Howard is the only team playing this weekend while everybody else has a bye.

The Bison are at Tennessee State.

Coaches and alumni are quick to whine that the MEAC is doing a disservice to teams by giving them no margin for error with just five conference games. One loss and they're out of contention.

Not true. Hard, yes, but not impossible.

In 2022, North Carolina Central lost at South Carolina State in its second conference game. The Eagles won their remaining games and tied with Howard, also with one loss, for the conference title. NCCU won the tiebreaker by defeating the Bison in the regular season.

In 2023, their fortunes reversed. Again, they tied for first place with one loss each, but Howard got the nod by beating the Eagles during the regular season. (NCCU earned a postseason berth in the FCS playoffs.)

Yes, the MEAC needs to expand, but it's not in a do-or-die situation. It's still holding its own against the more flamboyant SWAC in other areas, and it has a loyal fan base.

Besides, the five-game schedule makes the season more exciting. Fans have to stay on top of every game right down to the wire.

Midseason Winners

* Vick who? Delaware State hasn't been 4-3 at this point in the season since 2022. The Hornet have won more games this year than the two previous seasons combined (2-21). Their last homecoming win was 2018 before last weekend. If DSU wins at least two of its five remaining games, Jackson deserves MEAC coach of the year.

* Hey, over here! Nobody is talking much about MEAC defending champion South Carolina State. The Bulldogs (4-3) played a tough nonconference schedule, just like last season, which helped propel them to the Celebration Bowl. SCSU's final two games are on the road at NCCU and Delaware State. If the Bulldogs repeat, they will have earned it.

* You, again? If not for their New Hampshire loss, the Eagles would have a shot at the FCS playoffs if the MEAC doesn't work out. But, let's face it, folks want to go to Atlanta. Nov. 1 is NCCU's season. Howard has become the second-most hated rival after N.C. A&T. If the Eagles get out of Washington, D.C., unscathed, Atlanta here they come.

Midseason Losers

The hype surrounding Michael Vick and Jackson is insane - and tiring. It's one thing for students and alumni to be understandably excited, but some (male) media types have taken unprofessionalism to a whole new level.

They can't just ask a question and move on, they have to editorialize about what a good job they're doing, what a good person they are, how much they admire them - sickening.

I sometimes wonder if they want to cover Vick and Jackson or date them.

The Triangle Tribune Sports

October 19-25, 2025 | 6A

Women Leaders in Sports Nike Executive of the Year

CIAA Commissioner Jacqie McWilliams Parker and MEAC Commissioner Sonja Stills were named a 2025 Women Leaders in Sports Nike Executive of the Year Award winners.



Jacqie McWilliams Parker



Sonja Stills

COURTESY

HBCU FOOTBALL

Shaw football back in championship race after upset win over Winston-Salem State

By Bonitta Best

editor@triangletribune.com

ESPN's "First Take" sports show visits the Magic City Classic in Birmingham, Alabama, on Oct. 24.

The rivalry classic between Alabama A&M and Alabama State is the biggest HBCU football game of the season - every year.

N.C. Central (5-2) - bye week

The Eagles get another bye week for the second time in three weeks. And, just like the first one, it couldn't come at a better time.

"We're banged up," coach Trei Oliver said on the MEAC teleconference. "We played a true freshman at cornerback and a walk-on at corner (against FAMU)."

NCCU, however, did most of the banging against Florida A&M, holding the team to 43 total rushing yards, in its fourth straight win - three on the road. Oliver has lost just one SWAC matchup since becoming head coach in 2019.

Players' A.C. Moore, Luke Bracey and others are hopeful returns next week for a homecoming that's sure to be lit.

"They are the 'Green Bay Packers,'" Oliver said in describing Delaware State's rushing attack.

The game will be streamed on ESPN+ at 1 p.m.

* Notes: Offensive lineman Noah McKinney and running back Christian Mosley have been added to the 2026 Allstate HBCU Legacy Bowl.



SHAW UNIVERSITY
Shaw quarterback Alexander Marsh played his best game of the season against Winston-Salem State.

Shaw (2-4 overall, 2-2 CIAA) vs. Johnson C. Smith (5-1, 2-1) the Bears after last weekend's come-from-behind win over It's a whole new ballgame for Please see FIRST TAKE/7A

COLLEGE CORNER

Beloved HBCU sports and alumni historian passes

Another good friend of CC's passed away earlier this month. HBCU historian Fred Whitted died on Oct. 3.

Fred wasn't just a historian of HBCU sports but HBCUs period. We have his Black College Sports Encyclopedia, which was revolutionary at the time, Famous HBCU Alumni and more.

We had such good times at the CIAA Tournament when it was in Raleigh and Charlotte. Fred was kind and funny. He will be missed.

WOMEN

N.C. Central

The golf team placed second at last weekend's SAS Championship HBCU Invitational. Sanaa Carter finished third and Aubree Clements was eighth. N.C. A&T won first place. The ladies end the fall season Oct. 20-21 at UNC Greensboro.

In cross-country, all six Eagles posted their best times of the season at last weekend's Gold 5K race in

Charlotte. Altiza Dennard led the way by placing 45th in a field of 164 runners, making her the top-ranked runner in the MEAC.

In volleyball, NCCU snapped a five-match losing streak with a shutout of Norfolk State. The team hits the road at South Carolina State, Gardner-Webb, Delaware State and Maryland Eastern Shore before returning home Oct. 31 to take on Morgan State. CC would love to see the Halloween outfits at McDougald that night.

Shaw

Volleyball hadn't lost two conference matches since 2019. The Bears lost to Bowie State and Livingstone within a week. They rebounded to defeat Claflin in a five-set thriller. This weekend is CIAA Roundup II on Bowie State's campus. Shaw faces Bluefield State, Elizabeth City State and Virginia State.

In soccer, the ladies re-

Please see HBCU/7A



Fred Whitted



NCCU golfer Sanaa Carter at the SAS HBCU Invitational.

COURTESY



NCCU's Alifza Dennard is the top runner in the MEAC.

COURTESY

Beloved HBCU sports historian passes away

Continued from page 6A
turn to Durham County
Stadium to face Virginia
State Oct. 22 at 4:30 p.m.

MEN
N.C. Central
The Eagles finished third
at the SAS Championship
behind NCAT and Arkan-

sas-Pine Bluff. Teammates
Jamal Hutchison and
Mateo Zolezzi were sec-
ond and fourth, respec-
tively.

In cross-country, Em-
manuel Paddyfote placed
a respectable 54th out of
185 runners in Charlotte -
his season-best time. The

MEAC Championships is
Nov. 1 at WakeMed Soccer
Park in Cary.

Shaw

The men follow the
women in a Virginia State
soccer doubleheader Oct.
22.

ESPN's 'First Take' to visit Magic City Classic

Continued from page 6A

Winston-Salem State.

The victory not only
snapped a two-game los-
ing streak, but it keeps
Shaw's slim championship
hopes alive.

"The players played with
a lot of heart and a chip on
their shoulder," coach
Lamar Manigo said Tues-
day. "Fabian Diggs told
me, 'coach, WSSU said I
couldn't even walk on,' so
he definitely had a chip on
his shoulder."

Smith, which has been
Shaw's homecoming op-
ponent for the past several
years, is not THAT Smith
anymore. The Golden
Bulls are nationally ranked
and a game out of first
place that's tied between
Fayetteville State and Vir-
ginia Union.

"We see some things we
want to take advantage of
against their defense, and
we should have a chance,"
Manigo said. "Stopping

their quarterback is our
No. 1 challenge."

That quarterback is sen-
ior Kelvin Durham, who
has thrown for 1,442 pass-
ing yards and 13 touch-
downs against five
interceptions.

The Broncos travel to
Durham next weekend for
Senior Day before Shaw
hits the road for its final
two contests.

CAA

The "Greatest Home-
coming on Earth" didn't
parlay on to the field, as
South Carolina State
spoiled the Aggies' home-
coming with a come-from-
behind 22-16 win. NCAT
has lost four straight
games as it heads into a
bye week.

Hampton (2-5, 0-3 CAA)
was outscored 28-7 in the
second half in a 38-21 de-
feat to Campbell. The Pi-
rates travel to Villanova
this weekend.

Co-Players of the Week

* Savannah State line-
backer Darrian Bell set a
school record 23 tackles
(19 solo) and recovered
the game-clinching fumble
to help the Tigers defeat
Allen in overtime.

* Shaw freshman QB Al-
exander Marsh threw two
TD passes, and rushed for
53 yards and another TD
in the Bears' upset of
WSSU.

Legacy Bowl

The HBCU Legacy Bowl's
roster list will be updated
throughout the season.

* Florida A&M OL Ashton
Grable

* Jackson State OL D'An-
dre Towns-Blue

* Alcorn RB JaCorian
Sewell

* FAMU OL Charles Davis

* Central State LB Domon-
ique Davis II

* Johnson C. Smith QB
Kelvin Durham



Know the Signs of a Natural Gas Leak

Natural gas is one of the cleanest and safest energy sources available, but leaks can occur in rare instances.

Signs of an indoor gas leak:

- An odor that smells like rotten eggs.
- Unusual noises coming from your gas equipment.

Signs of an outdoor gas leak:

- Dirt or debris being blown into the air.
- Persistent bubbles from wet areas on the ground.
- Vegetation over or near a pipeline appears discolored or dead.

If you smell natural gas or notice any of these signs, leave the area immediately. **Do not** attempt to find the leak yourself. **Do not** turn on or off any electrical switches. **Do not** use the telephone in your home. Leave immediately, go to a nearby phone and call Enbridge Gas North Carolina at **1-877-776-2427** and **911**. We'll send someone right away to investigate.

Visit enbridgegas.com/north-carolina/safety to learn more.



© 2025 Enbridge Inc. All rights reserved.

The Best in HBCU Sports

triangletribune.com

KEMET™
NATIONAL CANDY CORN DAY

Hi Everyone!

I love candy corn! I get to eat some on October 30th which is National Candy Corn Day! Great timing because the next day is Halloween! Can you tell I just love October!

NATIONAL CANDY CORN DAY!

On October 30th, the country celebrates its favorite vegetable with National Candy Corn Day. This is an Autumn treat for all of us, which we eat like popcorn! Candy corn not only appears on Halloween but on Thanksgiving and Easter as well. Candy corn's traditional colors are yellow, orange and white, representing the fall harvest or corn on the cob.

WHAT IS A CANDY CONFECTIONER?

Augustus Jackson of course! A confectioner is a person whose job is making or selling candy and other sweet foods. Remember, we featured Augustus Jackson in Activity Sheet # 5 , August 1, 2021 edition, for his creation of ice cream recipes, another great sweet! Like me, I think he had a "sweet tooth".

SO WHO GETS THE CREDIT FOR OUR FIRST CANDY?!

Archeological documents give credit to the ancient Egyptians for inventing candy! The ancient Egyptians used honey to make candy by combining it with nuts, figs, and spices. They used these candies as part of early religious services.

WHAT'S THE REAL DEAL!

Put a circle around all the items listed that can be considered a popular candy today. Hint: Find 8.

Reese's Peanut Butter Cups	
Oreos	Snickers
M&M's	Gingerbread
Skittles	Snickerdoodles
Candy Corn	Kit Kat
Oatmeal Raisin	Shortbread
Baby Ruth	Almond Joy
	Chocolate Chip

POP-UP TRIVIA!

What M&M color was discontinued in the 1970s and why?

A SWEET TRIP DOWN MEMORY LANE!

Match the words to identify these old-school candy bars.

100	ZABBA
ABBA	HONEY
BA...	CHEW
BIG	GRAND
BIT-O	PLENTY
CHARLESTON	ZOOKA
GOOD &	HUNK

FUN FACT!

What type of candy was sent to outer space in 1983?

Jelly Belly jelly beans have been to outer space! In 1983, President Ronald Reagan surprised the Challenger astronauts with Jelly Belly jelly beans.

JELLY BEANS

ANSWER KEY

WHAT'S THE REAL DEAL!
Reese's Peanut Butter Cups
Snickers
M&M's
Skittles
Kit Kat
Candy Corn
Almond Joy
Baby Ruth

POP-UP TRIVIA!
Reese's Peanut Butter Cups
Snickers
M&M's
Skittles
Kit Kat
Candy Corn
Almond Joy
Baby Ruth

A SWEET TRIP DOWN MEMORY LANE!
100 GRAND
ABBA ZABBA
BAZOOKA CHEW
BIG HUNK
BIT-O-HONEY
CHARLESTON CHEW
GOOD & PLENTY

SCAN ME

www.KEMETCOMIC.com



Rutha Johnson Brooks

COURTESY



Bonitta Best

COURTESY

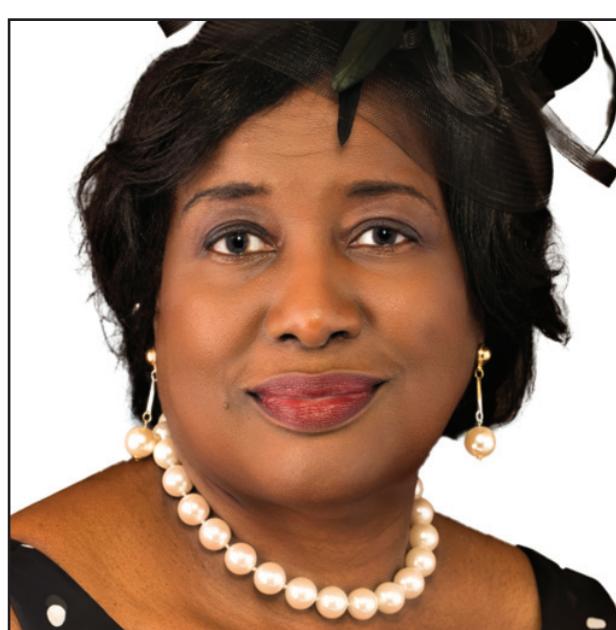
Durham Bennett College alumnae's annual scholarship breakfast

SUBMITTED BY BERNADETTE WATTS

Durham Bennett College alumnae will host its "Thirty-Fifth White Breakfast, Awards and Scholarship Fund Raiser" at the Double Tree RTP Hotel, Dec. 6 at 9:30 a.m.

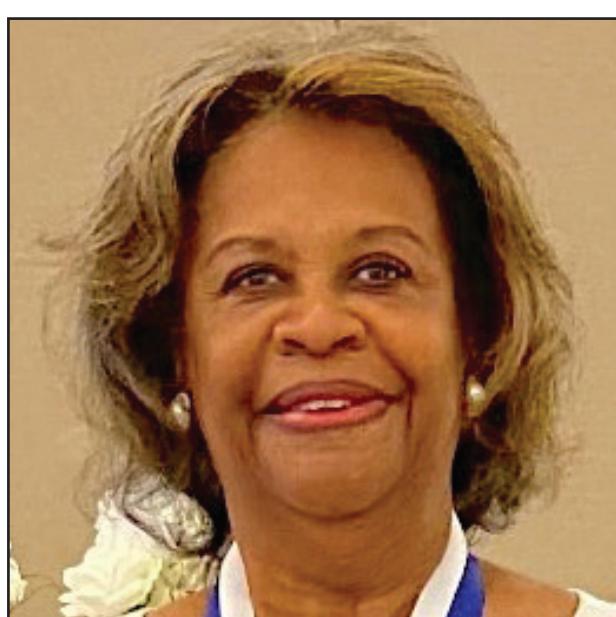
In addition, distinguished community leaders will receive "Vision Awards of Excellence," "Friend of Bennett Award" and a Durham alumna will receive the "Phenomenal Bennett Woman Award." Nominees must have demonstrated a high degree of vision, innovation and initiative in the pursuit of success in their chosen fields, be a member or product of the Durham community (including the Research Triangle Park, Raleigh and Chapel Hill as a role model).

Bennett College is a United Methodist-affiliated four-year fully accredited liberal arts college in Greensboro. The "Friend of Bennett Durham" recognition is given to one who has helped to support the local Bennett alumnae chapter's efforts in this community. Teressa Hardie is interim president of Bennett College. Four outstanding Triangle individuals will receive awards in select categories:



Marva Mizell Price

COURTESY



Sandra Sanders Meachem

COURTESY

HONOREES
Distinguished Leadership - Community Service and Education

Rutha Johnson Brooks '57
Retired Educator

Distinguished Leadership - Health and Community Services

Dr. Marva Mizell Price
Retired Health Administrator

Distinguished Leadership - Friend of Bennett
Bonitta Best

Managing Editor, *The Triangle Tribune*

Funeral Home

Tickets and are \$60 and due by Nov. 18. Jacqueline B. Anderson is the local Durham Bennett alumnae president.

Email: durhamchapter2019@gmail.com.

Missy Lane's Block Party was a good time

Hundreds of music fans flooded downtown Durham to listen to local jazz artists. Fans were treated to the initial kickoff at the inaugural Missy Lane's Block Party.



MATHIAS BISHOP



HBCU NEWS



National Black Radio Hall of Fame Scholarship Recipient

SHAW UNIVERSITY

For Shaw mass communications major Jevon Draft, storytelling is more than a creative outlet; it is his calling.

Draft, a member of the Class of 2028, was recently awarded the National Black Radio Hall of Fame Scholarship.

He said the recognition affirms that he is on the right path toward achieving his dream of becoming a film director.

His passion for film began early. As a child, he spent hours watching television and movies and

imagining his own versions of what he saw on screen.

In high school, he joined a film program that introduced him to recording and production, and he has loved creating stories ever since.

Draft credits his family as his greatest source of support.

"My family has been my biggest source of encouragement," he said. "Every time I talk to them about what I'm doing, they give me advice on how to take that next step toward my goals."

He also encourages other

students to stay focused and intentional.

"For current students, find time in the day to collect your thoughts," he said. "For future students, come here with a plan so you can balance fun and academics."

The scholarship is supported by the Charlotte Chapter of the National Black Radio Hall of Fame and was presented by Shaw alumnus Gary Jones, founder of Get with the Program talk media, and Chris Johnson, president of High Impact Media.